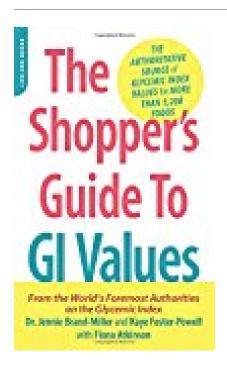
The Shoppers Guide to GI Values The Authoritative Source of Glycemic Index Values for More Than 1 200 Foods The New Glucose Revolution Series



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