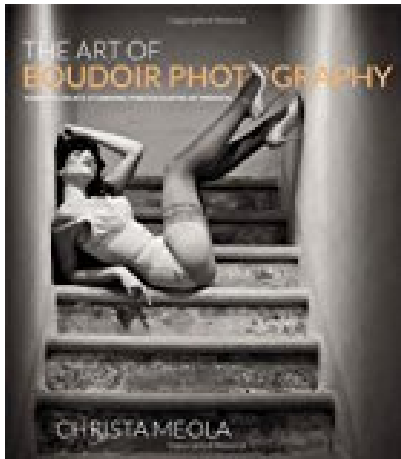


# The Art of Boudoir Photography How to Create Stunning Photographs of Women

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## BOOK DETAILS

- Author : Christa Meola
- Pages : 272 Pages
- Publisher : New Riders
- Language : English
- ISBN : 0321862708

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## BOOK SYNOPSIS

"Cultivating sex appeal and looking great naked is not about crash dieting or Photoshop, but rather is about a woman's attitude, confidence, playful personality, and feeling good in her own skin." -Christa Meola, boudoir photographer In this greatly anticipated book *The Art of Boudoir Photography: How to Create Stunning Photographs of Women*, pro photographer Christa Meola goes beyond photography instruction to include detailed information on how to help women look and feel beautiful by cultivating their sex appeal. This beautifully illustrated guide will not only enhance your understanding of how to bring out the best in every woman, but also sharpen your photography skills in order to capture her successfully. Whether shooting with a pro model, plain-Jane, curvy gal, or soccer mom, Christa gets to know her subject intimately in order to help her look and feel beautiful, sexy, and confident. Christa shares her personal tips and techniques throughout the entire process, creating an amazing experience that produces photographs packed with emotion. She covers every step in creating a successful boudoir shoot, including how to prepare a subject who has never posed before, coaching sensual movement, beautiful lighting setups with minimal equipment, how to flatter every figure, and more. With "Before and After" profiles and "Do and Don't" scenarios throughout, essential lists, practical tips for male photographers, metadata for every shot, as well as post-processing techniques in Adobe Lightroom and Photoshop, this book offers clear and inspiring instruction. *The Art of Boudoir Photography* is about transformation. It's about cultivating sex appeal and enthusiastic positivity. It's that jolt of confidence and bolt of sexual prowess to tease out of your subject. It's for each woman to recognize her individual beauty, provide an opportunity for her to break through her comfort zone, honor her body, and celebrate femininity. For photographers with varying levels of experience, this book is for you—to appreciate and embrace boudoir photography, enhance your understanding of what it is, what it can do for women, and most importantly, how to have fun with it!

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